



Mediterranean Pain Forum

II EDITION

Co-Chairs

Giuliano **Lo Bianco** | Michael E. **Schatman**



Workshop

Cefalù
5th May **2024**
Centro Congressi Costa Verde

Endorsed by





5th May

Workshop

WORKSHOP I

- 09.00 History and Physical Exam Course – Psychiatrist
Domenico Restivo
- 09.30 Neurological Examination – Neurologist
Eleonora Galosi
- 10.00 MRI and CT Scan IMAGING ANATOMY for Pain Physician - Radiologist
Giuseppe Peritore
- 10.30 End of scientific Workshop

Workshop

WORKSHOP II

- 11.00 Advancements in Pain Medicine: An In-depth Exploration of Ultrasound Techniques, Patient Selection, and Anatomical Demonstration
- Ultrasound techniques description and indication.
 - What is the right patient?
 - Scanning and Needling / Anatomical Demonstration & Teaching relevant to Pain Medicine
- Duetto: **Domenico Albano | Fabrizio Micheli**
- Live Model Ultrasound Demonstration – 6US stations**
- 11.30 Rotation
- 13.00 Light lunch (only those registered for the workshop)
- 13.30 Rotation
- 15.00 End of scientific Workshop



Workshop

Live Model Ultrasound Demonstration – 6 Ultrasound Stations

1. Upper Limb MSK pain procedures and Peripheral Nerve entrapments

- Shoulder- Biceps Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve
- Elbow- Medial and Lateral Elbow, Ulnar nerve & Cubital Tunnel
- Wrist-Carpal Tunnel & Median Nerve, Guyon's Canal & MCP joint
- Upper limb Nerve entrapments

Domenico Albano | Raffaello Sutera

2. Lower Limb MSK pain procedures and Peripheral Nerve entrapments

- Hip- Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve
- Knee- Knee joint, Genicular and Saphenous nerve
- Ankle- Tibio-tarsal joint, MTP joint, Tarsal Tunnel & Tibial nerve
- Lower limb Nerve entrapments

Fabrizio Micheli | Emilia Lo Giudice

3. Cervical Spine Procedures/ Procedures for Neck pain

- Cervical Facet and Cervical Medial Branches, TON
- Cervical Nerve roots
- Cervical Sympathetic chain
- Greater Occipital Nerve

Felice Occhigrossi | Emanuele Piraccini



Workshop

4. Thoracic Spine procedures/ Procedures for Thoracic spine and Chest wall pain management

- Thoracic Facets, Costotransverse joint
- Thoracic Paravertebral
- Intercostal Nerve
- Erector Spinae plane block
- Parasternal plane block

Gianluca Russo | Vito Torrano

5. Lumbar spine & Sacrum procedures/ Low back and buttock pain

- Caudal Epidural
- Sacro-iliac joint & ligaments
- Piriformis muscle injection
- Lumbar Facet joint & Medial Branches

Gaetano Terranova | Sara Caliò

6. Abdomen & Pelvic Procedures/ Abdominal myofascial pain syndromes, Pelvic pain management

- Ilio-inguinal & ilio hypogastric nerve block
- Rectus sheath, TAP plane
- Quadratus lumborum block
- Genitofemoral nerve block
- Pudendal nerve block

Ezio Amorizzo | Andrea Tinnirello

13.30 End of the Workshop

13.30 Light lunch



Workshop

WORKSHOP III | Ospedale Giglio

HANDS-ON FLUOROSCOPY WORKSHOP - LUMBAR PROCEDURES

09.00 Techniques:

Interlaminar Epidural

L1-5 Transforaminal Epidural - S1 Transforaminal Epidural

Medial Branch Block - RF

Sacroiliac Joint

Carmelo Costa | Miles Day | Sean Li | Joseph Palumbo

13.30 End of the Workshop

WORKSHOP IV | **Non accreditato ai fini ECM**

11.00 "Neck pain and associated disorders (NAD I-II) : an overview of clinical practice guidelines"

11.30 Lumbar pain and associated disorders: an overview of clinical practice

12.00 End of scientific Workshop

WORKSHOP V | **Non accreditato ai fini ECM**

12.30 Understanding Frequency, Amplitude, Pulse Intensity, and Various Waveforms in Spinal Cord Stimulation

13.00 "Spinal Cord Stimulation Programming: A Crash Course"

13.30 End of scientific Workshop



FACULTY

Domenico **ALBANO** | Milano

Ezio **AMORIZZO** | Roma

Sara **CALIÒ** |

Carmelo Attilio **COSTA** | Catania

Miles **DAY** | Texas, USA

Eleonora **GALOSI** | Roma

Sean **LI** | New Jersey, USA

Emilia **LO GIUDICE** | Enna

Fabrizio **MICHELI** | Piacenza

Felice **OCCHIGROSSI** | Roma

Joseph **PALUMBO** | Padova

Giuseppe **PERITORE** | Palermo

Emanuele **PIRACCINI** | Bologna

Domenico **RESTIVO** | Messina

Gianluca **RUSSO** | Lodi

Raffaello **SUTERA** | Bagheria

Getano **TERRANOVA** | Milano

Andrea **TINNIRELLO** | Brescia

Vito **TORRANO** | Lodi

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INFORMATION

Congress Venue

Centro Congressi Costa Verde | Viale dell'Imprenditoria, Cefalù (PA)

Chair

Giuliano Lo Bianco | Michael E. Schatman

Registration

To attend the Workshop you must be registered to the Congress

- Workshop I € 100+IVA
- Workshop II € 200+IVA
- Workshop III € 200+IVA
- Workshop IV Free
- Workshop V Free

The registration fee includes:

the admission to scientific sessions, CME credits, certificate of attendance.

Online registration soon available on our website www.bibagroup.it

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