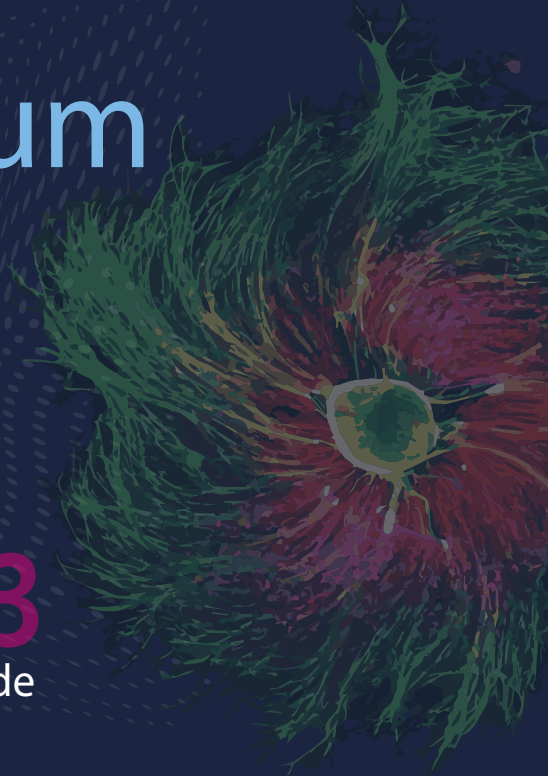


Mediterranean Pain Forum



Scientific Committee
Giuliano **Lo Bianco**
Simon J. **Thomson**

Cefalù
19th | 20th May **2023**
Centro Congressi Costa Verde





Mediterranean Pain Forum

To debate and learn with professionals from around the world about advanced interventional pain procedures, chronic pain, and neuromodulation.

Endorsement



Cefalù
19th | 20th May **2023**
Centro Congressi Costa Verde

Mediterranean Pain Forum

19th May

PROGRAM

08.30 Registration

09.00 Opening: Welcome Remarks

SESSION I

MANAGING CHRONIC LOW BACK AND RADICULAR PAIN WITH IPM: AN UPDATE

Chairs: **M. Day** | **C. Gregoretti**

09.30 Back pain: anatomy and physiopathology | **G. Russo**

09.45 Facetogenic pain: medial branch and z-joint Injections: cutoff for a positive block, how many blocks, what volume(s), MBB vs Intra-articular, fluoroscopy vs US guided injections | **A. Barbosa**

10.05 Interlaminar epidural steroid Injections vs transforaminal steroid injections: rationale, indications, and contrast patterns | **A. Tinnirello**

10.25 Sacroiliac Joint Injections, indication and techniques (US vs fluoroscopy) | **G. Lo Bianco**

10.45 Cryoablation, Radiofrequency ablation and Pulse Radiofrequency. How to choose the right modality | **A. Stogicza**

11.05 Discussion – Q&A

11.15 Coffee Break

SESSION II

MANAGING CHRONIC LOW BACK AND RADICULAR PAIN WITH IPM: AN UPDATE

Chairs: **G. Lo Bianco** | **A. Papa** | **V. Torrano**

11.30 Radicular pain: anatomy and physiopathology | **G. Misseri**

11.45 Regenerative Medicine for Spinal Pain Management | **S. Bhayani**

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PROGRAM

- 12.00 Intradiscal interventional procedures, indication, evidence, and technique | **P. Enea**
- 12.20 Impact of ultrasound in pain medicine / Ultrasound techniques for LBP | **R. Blanco**
- 12.40 Epidural Lysis of adhesions and Epiduroscopy | **M. Day**
- 13.00 Discussion – Q&A
- 13.15 Lunch Symposium

OPENING MEDITERRANEAN PAIN FORUM

- 14.30 Greetings from Authorities

SESSION III

NEUROMODULATION – SPINAL CORD STIMULATION

Chairs: **C. Costa** | **G. Lo Bianco** | **G. Matis**

- 15.00 Mechanisms of action of spinal cord stimulation and indications | **P. De Negri**
- 15.20 SCS: Different kind of waveforms | **S. J. Thomson**
- 15.40 Updates on SCS | **A. Papa**
- 16.00 ECAP controlled closed-loop SCS | **S. Li**
- 16.20 Discussion – Q&A
- 16.30 Coffee Break

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PROGRAM

SESSION IV

SPINE SURGERY & MINIMALLY INVASIVE SPINE

Chairs: **F. Boniforti** | **G. Perruchini** | **A. Toscano**

- 16.45 Spinal Interventional Neuroradiology in Low Back Pain: crossing the border | **L. Manfrè**
- 17.05 Kyphoplasty / vertebroplasty indication and technique, update | **F. Valenza, V. Bova**
- 17.20 Avoidance of Complications in IPM | **G. Matis**
- 17.40 Indication for Spine Surgery - How, When and What kind of surgery? | **R. Cecchinato**
- 18.00 Discussion – Q&A

ROUNDTABLE DISCUSSION

- 18.10 **THE MULTIDISCIPLINARY APPROACH** (3 Case Presentation)

Chairs: **G. Lo Bianco** | **E. Piraccini**

Neurosurgeon | **A. Cesaroni**

Ortho Spine | **A. Toscano**

Pain physician | **A. Papa**

Neurologist | **D. Restivo**

Physiatrist | **A. Castiglione**

- 19.10 End of scientific session

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09.00 **Lecture**

Presents: **G. Lo Bianco**

Opioid therapy: State of the art in non-cancer pain | **S. Mercadante**

SESSION V

UPDATE ON OPIOID THERAPY AND ADJUVANT

Chairs: **E. Piraccini** | **G. Russo**

09.20 Neuropathic pain treatment, back to future! | **F. Drago**

09.40 The Endocannabinoid system: potential therapeutic application | **L. Luongo**

10.00 Exploring the use of NSAIDS and cannabis in pain therapy | **V. Guardamagna**

10.20 Discussion – Q&A

SESSION VI

FACIAL PAIN

Chairs: **M. Day** | **P. De Negri**

10.30 Common primary headaches: diagnosis and classification | **S. Vigneri**

10.50 Treatment of headache and facial pain. Different indications of interventional techniques: sphenopalatine ganglion block and trigeminal gangliolysis (RF/Chemical). Update | **C. Costa**

11.10 Discussion – Q&A

11.20 Coffee Break

PROGRAM

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PROGRAM

SESSION VII

REGENERATIVE MEDICINE

Chairs: **R. Blanco** | **G. Terranova** | **V. Torrano**

- 11.35 PRP, collagen or hyaluronic acid? different indications for different joints | **G. Russo**
- 11.50 Injections in pain therapy, efficacy, indications, and techniques (articular, oxygen-ozone) | **D. Canzio**
- 12.05 Discussion – Q&A

SESSION VIII

RADIOFREQUENCY JOINT DENERVATION

Chairs: **S. Crino** | **N. Salvo**

- 12.15 Hip, Review. Indication, outcomes, and techniques under US and fluoro | **A. Tinnirello**
- 12.30 Knee Review. Indication, outcomes, and techniques under US and fluoro | **E. Piraccini**
- 12.45 Shoulder. Indication, outcomes, and techniques under US and fluoro | **G. Terranova**
- 13.00 Discussion – Q&A

SESSION IX

IMAGING ANATOMY FOR PAIN PHYSICIAN

Chairs: **T. Angileri** | **L. Manfrè**

- 13.10 MRI and CT scan – Spine | **G. Peritore**
- 13.25 Shoulder Ultrasound: what you need to know | **D. Albano**
- 13.40 End of the meeting



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Mediterranean Pain Forum

INFORMATION

Congress Venue: Centro Congressi Costa Verde | Viale dell'Imprenditoria, Cefalù (PA)

Scientific Director: Giuliano Lo Bianco

ID CME: 380609 | Credits 9,1

The Event will be accredited for CME credits for the following categories:

- Physicians
(Anaesthesia and Intensive Care | Internal Medicine | General Medicine | Geriatrics | Haematology | Nuclear Medicine | Oncology | General Surgery | Orthopedics | Physiatry | Palliative Care | Radiodiagnostics | Radiotherapy)
- Nurses • Physiotherapist

TO OBTAIN CREDITS will be necessary:

- Participate in all educational days • Complete the Customer Satisfaction
- Complete and pass the ECM questionnaire

Registration

- Physicians registration fee € 305,00 (vat included)
- Nurses • Physiotherapists • Students • Residents Free

The registration fee includes:
the admission to scientific sessions, CME credits, certificate of attendance.

Online registration soon available on our website www.bibagroup.it

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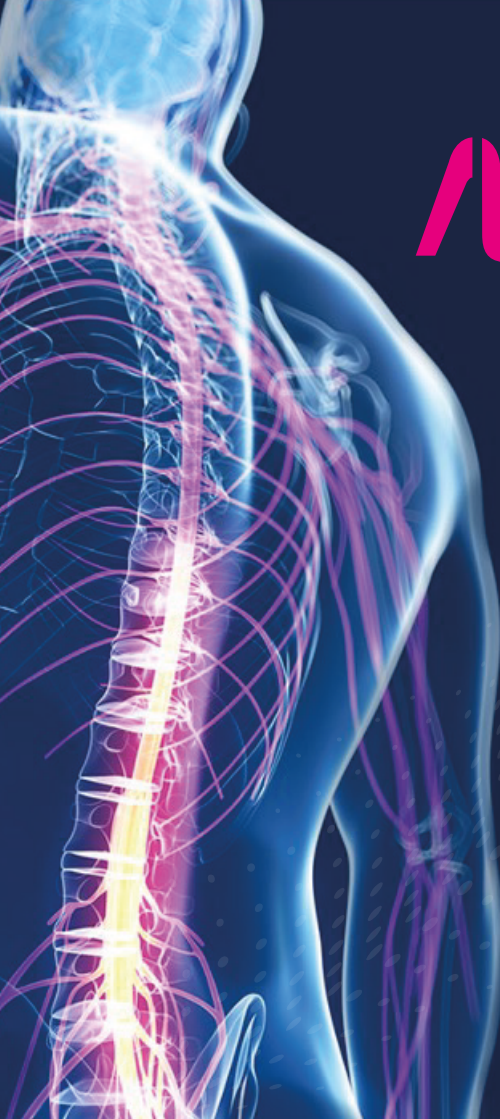
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