



Mediterranean Pain Forum

II EDITION

Co-Chairs

Giuliano **Lo Bianco** | Michael E. **Schatman**

Cefalù

3rd | 4th May

2024

Centro Congressi Costa Verde

Endorsed by





3rd May

PROGRAM

08.30 Registration

09.00 Opening: Welcome Remarks

SESSION I | INTRODUCTION TO CONTEMPORARY APPROACHES IN CHRONIC PAIN MANAGEMENT

Chairs: **G. Lo Bianco** | **M. Day** | **C. Gregoretti**

09.30 Interventional Pain Medicine: Bridging the Bio-Psycho-Social Abyss in Pain Management | **M. Schatman**

09.50 Elevating Interventional Pain Practice: The Imperative of Multidisciplinary Integrative Teams and Patient-Tailored Therapies | **A. Bhaskar**

10.10 Early Intervention Matters: Exploring the Vital Role of Interventional Pain Care in the Continuum of Early Pain Treatment | **P. Staats**

10.30 Navigating the Intersection of Artificial Intelligence and Pain Medicine for Enhanced Diagnostics and Treatment | **M. Cascella**

10.50 Discussion

11.00 Coffee Break

SESSION II | EXPLORING MODERN CHRONIC PAIN MANAGEMENT

Chairs: **G. Lo Bianco** | **V. Guardamagna** | **A. Papa**

11.15 Addressing the Void: Advocating for Comprehensive Pain Training and the importance of International Certification Standards | **M. Rainieri**

11.35 Duetto: **P. Staats** | **S. Mercadante**

Moderator: **M. Day**

Specialized Duality or Unified Expertise: Exploring the Dichotomy in Ultra-Specialized Roles for Oncologic and Benign Pain Management



11.55 Joint European Academy of Neurology-European Pain Federation-Neuropathic Pain Special Interest Group of the International Association for the Study of Pain guidelines on neuropathic pain assessment | **E. Galosi**

12.15 Exploring Innovations in Diagnostic and Interventional Ultrasound for MSK | **D. Albano**

12.30 **Rountable | Pain Medicine Education: International Perspectives**
A. Bhaskar with the speakers, **M. Schatman, M. Day, C. Santi** and the audience

13.00 Lunch Symposium

14.00 Opening **Mediterranean Pain Forum**
Greetings from Authorities

SESSION III | CHRONIC PAIN: INTERVENTIONAL INSIGHTS

Chairs: **C. Costa | E. Lo Giudice | L. Kapural**

14.30 Precision in Pain: Navigating Facetogenic Pain with Medial Branch and Z-Joint Injections - Choosing Between Fluoroscopy and Ultrasound Guidance | **P. De Negri**

14.50 Epidurals Unveiled: Distinguishing Between Interlaminar and Transforaminal Steroid Injections - A Comprehensive Exploration of Rationale, Indications, and Contrast Patterns | **M. Innamorato**

15.10 Cold, Heat, and Pulses: Deciphering the Code for Pain Relief - Choosing the Right Modality in Cryoablation, Radiofrequency Ablation, and Pulse Radiofrequency | **F. Occhigrossi**

15.30 Sacroiliac Joint Intervention: Indications and Techniques – Emerging Therapies | **S. Li**

15.50 Discussion

16.00 Coffee Break



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SESSION IV | CHRONIC PAIN: INTERVENTIONAL INSIGHTS

Chairs: **A. Al-Kaisy** | **V. De Santis** | **M. Innamorato**

- 16.15 Revolutionizing Spinal Pain Care: Exploring the Frontier of Regenerative Medicine in Interventional Techniques | **S. Diwan**
- 16.35 Inside the Disc: Exploring Indications, Evidence, and Techniques of Intradiscal Interventional Procedures | **P. Enea**
- 16.55 Breaking Barriers: Advancements in Epidural Lysis of Adhesions and Epiduroscopy for Enhanced Pain Management | **M. Day**
- 17.15 Peripheral Nerve Stimulation for Chronic Pain | **F. Micheli**

SESSION V | RADIOFREQUENCY JOINT DENERVATION

Chairs: **S. Crinò** | **S. Diwan** | **N. Salvo**

- 17.30 Optimizing Knee Pain Relief: An In-Depth Review of Interventional Treatments – Indications, Outcomes, and Techniques under Ultrasound and Fluoroscopy | **M. Schembari**
- 17.45 Optimizing Hip Pain Relief: An In-Depth Review of Interventional Treatments – Indications, Outcomes, and Techniques under Ultrasound and Fluoroscopy | **G. Terranova**
- 18.00 Optimizing Shoulder Pain Relief: An In-Depth Review of Interventional Treatments – Indications, Outcomes, and Techniques under Ultrasound and Fluoroscopy | **A. Tinnirello**
- 18.20 Roundtable with the speakers, **L. Kapural**, **A. Abd Elsayed**, **S. Li** and the audience. Understanding the algorithm for treatment of chronic abdominal pain
- 18.50 End of scientific session



4th May

PROGRAM

SESSION VI | CURRENT PERSPECTIVES: UPDATES ON OPIOID THERAPY AND ADJUVANTS IN PAIN MANAGEMENT

Chairs: **S. Crinò | F. Occhigrossi | M. Schatman**

- 08.00 Breakfast Symposium
- 08.30 Current Perspectives on Opioid Therapy: Advancements and Challenges in Non-Cancer Pain Management | **S. Mercadante**
- 08.50 Neuropathic Pain Treatment – A Journey Back to the Basics and Beyond | **F. Drago**
- 09.10 The Endocannabinoid system: potential therapeutic application | **V. Guardamagna**
- 09.30 Unraveling Opioid-Induced Hyperalgesia: Strategies for Recognition and Management | **S. Natoli**
- 09.50 Buprenorphine or Methadone for Opioid Use Disorder? | **S. Mercadante**
- 10.10 Discussion

SESSION VII | NEUROMODULATION – SPINAL CORD STIMULATION

Chairs: **A. Abd Elsayed | P. De Negri | E. Lo Giudice**

- 10.30 Understanding the Mechanisms of Action and Indications for Spinal Cord Stimulation | **A. Papa**
- 10.50 Waveform Wonders: Exploring Different Modalities in Spinal Cord Stimulation | **D. De Ridder**
- 11.10 Effectiveness of Combined Dorsal Root Ganglion And Spinal Cord Stimulation | **A. Al-Kaisy**
- 11.30 ECAP Controlled Closed-Loop SCS | **S. Li**
- 11.50 Update On SCS, Now and The Future | **L. Kapural**
- 12.00 Coffee Break



4th May

PROGRAM

SESSION VIII | SPINE SURGERY AND MINIMALLY INVASIVE APPROACHES

Chairs: **L. Basile** | **D. De Ridder** | **F. Perna**

- 12.10 Spinal Interventional Neuroradiology in Low Back Pain: crossing the border | **L. Manfrè**
- 12.30 Charting the Course: Indications, Timing, and Surgical Strategies in Spine Interventions | **A. Toscano**
- 12.50 Safeguarding Care: Strategies for Complication Avoidance in Interventional Pain Medicine | **A. Abd Elsayed**
- 13.10 Lunch

SESSION IX | CHRONIC PAIN: INTERVENTIONAL INSIGHTS

Chairs: **A. Al-Kaisy** | **S. Diwan** | **G.Lo Bianco**

- 14.30 Duetto: **E. Amorizzo** | **S. Li**
Moderator: **L. Manfrè**
Guiding Precision: Choosing Wisely Between Ultrasound and Fluoroscopy for Optimal Outcomes in Pain Procedures
- 14.50 PILD and Open Decompression for the Treatment of Lumbar Spinal Stenosis: 2-Year Outcomes | **P. Staats**
- 15.10 Special Intervention for Cancer Pain: Advanced Techniques | **M. Day**
- 15.30 Charting Excellence: The Top 10 Pain Medicine Articles of 2023 | **A. Abd Elsayed**
- 15.50 Discussion
- 16.00 Coffee Break



SESSION X

HEADACHE AND FACIAL PAIN

Chairs: **M. Day** | **V. Raieli** | **M. Romano**

- 16.10 Common Primary Headaches: Diagnosis and Classification | **F. Brighina**
- 16.40 Cervicogenic Headaches: Diagnosis and Treatment | **E. Piraccini**
- 17.00 Interventional Treatment of Facial Pain | **C. Costa**
- 17.20 Stereotactic And Functional Neurosurgery for Facial Pain | **G. Tringali**
- 17.40 Facial Pain Unmasked: Insights into Post-Herpetic Neuralgia and Innovative Treatment Approaches | **S. Tamburin**
- 18.00 Discussion
- 18.15 End of the meeting



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NOTE

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INFORMATION

Congress Venue: Centro Congressi Costa Verde | Viale dell'Imprenditoria, Cefalù (PA)

Co-Chair: Giuliano Lo Bianco, Michael E. Schatman

Scientific Committee: Miles Day, Sebastiano Mercadante, Sean Li, Alfonso Papa, Peter Staats, Carmelo Costa, Leo Kapural, Alaa Abd-Elseyed

The Congress is an ECM Event

Registration

- Physicians registration fee € 500,00+IVA
- Nurses • Students • Residents Free

The registration fee includes:
the admission to scientific sessions, CME credits, certificate of attendance.

Online registration soon available on our website www.bibagroup.it



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Head Office: Via Emilia, 38 - 90144 Palermo

Branch Office: Verona - Napoli - Nuoro

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E-mail: congressi@bibagroup.it - www.bibagroup.it